

vmc のファイルを開き

```
<integration>
  <microsoft>
```

セクションに

```
<components>
  <host_time_sync>
    <enabled type="boolean">false</enabled>
  </host_time_sync>
</components>
```

例

```
<?xml version="1.0" encoding="UTF-16"?>
<!-- Microsoft Virtual Machine Options and Settings -->
<preferences>
  <version type="string">2.0</version>
```

中略

```
  <integration>
    <microsoft>
      <components>
        <host_time_sync>
          <enabled type="boolean">false</enabled>
        </host_time_sync>
      </components>
      <mouse>
        <allow type="boolean">true</allow>
      </mouse>
```

中略

```
</preferences>
```